





# The Ultimate 100 Things to Draw Checklist

## Never Run Out of Drawing Ideas Again!

*A FREE resource from Artsydee.com*

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### How to Use This Checklist:

-  Check off each drawing as you complete it
  -  Add notes about what you learned or enjoyed
  -  Challenge yourself to complete one category at a time
  -  Come back to favorites and try them in different styles
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### Everyday Objects (Perfect for Beginners)

- ☐ Your coffee mug from different angles
- ☐ A houseplant
- ☐ Your favorite pen or pencil
- ☐ Kitchen utensils scattered on the counter
- ☐ Your phone or laptop
- ☐ A pile of books
- ☐ Your keys
- ☐ A single flower in a vase
- ☐ Your breakfast before you eat it
- ☐ A crumpled piece of paper

Notes: \_\_\_\_\_

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### Self & People Drawing Prompts

- ☐ Your reflection in a spoon
- ☐ Your hands in different positions
- ☐ Self-portrait without looking at the paper
- ☐ Someone reading in a coffee shop
- ☐ Your pet sleeping
- ☐ A friend's profile while they're distracted
- ☐ Your feet
- ☐ Someone waiting for the bus

- ☐ A child playing
- ☐ Your reflection in a window

**Notes:** \_\_\_\_\_

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## **Nature & Outdoor Sketch Ideas**

- ☐ A single leaf with all its details
- ☐ Clouds in different formations
- ☐ Tree bark texture
- ☐ A rock or stone
- ☐ Your view from a park bench
- ☐ Birds at a feeder
- ☐ Waves or water movement
- ☐ A sunset/sunrise
- ☐ Mountain silhouettes
- ☐ Rain on a window

**Notes:** \_\_\_\_\_

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## **Home & Interior Daily Sketchbook Ideas**

- ☐ Your unmade bed
- ☐ Kitchen sink with dishes
- ☐ A corner of your room
- ☐ Light streaming through curtains
- ☐ Your desk setup
- ☐ Bathroom mirror reflection
- ☐ Clothes hanging in your closet
- ☐ A doorway perspective
- ☐ Your bookshelf
- ☐ Light switches and outlets

**Notes:** \_\_\_\_\_

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## Food & Drink Drawing Prompts

- ☐ An apple (classic for a reason)
- ☐ Your lunch before eating
- ☐ A glass of water with ice
- ☐ Fresh vegetables from different angles
- ☐ A sandwich cut in half
- ☐ Spilled coffee beans
- ☐ A wine bottle and glass
- ☐ Fresh bread
- ☐ Eggs in a carton
- ☐ Your favorite snack

**Notes:** \_\_\_\_\_

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## Transportation & Urban Sketching

- ☐ Your car keys
- ☐ A bicycle wheel
- ☐ Street signs
- ☐ Your view from a car window
- ☐ A parking meter
- ☐ Train tracks
- ☐ A bus stop
- ☐ Traffic lights
- ☐ Your steering wheel
- ☐ A bridge

**Notes:** \_\_\_\_\_

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## Abstract & Emotional Sketch Ideas

- ☐ How you feel today (abstract shapes)
- ☐ Your favorite song as lines and shapes
- ☐ Anger as scribbles
- ☐ Joy as swirls
- ☐ Stress as jagged lines
- ☐ Peace as flowing curves

- ☐ Energy as explosive marks
- ☐ Sadness as drips
- ☐ Excitement as sharp angles
- ☐ Calm as smooth waves

**Notes:** \_\_\_\_\_

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## **Objects & Still Life Drawing Prompts**

- ☐ A pair of shoes
- ☐ Jewelry scattered on a table
- ☐ Old photographs
- ☐ A candle and matches
- ☐ Makeup brushes
- ☐ Tools from a toolbox
- ☐ Stationery supplies
- ☐ A hat
- ☐ Sunglasses
- ☐ Your wallet contents

**Notes:** \_\_\_\_\_

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## **Challenge Drawing Prompts**

- ☐ Draw without lifting your pen
- ☐ Use only geometric shapes
- ☐ Draw with your non-dominant hand
- ☐ 30-second gesture drawing
- ☐ Draw the same object 5 different ways
- ☐ Use only lines, no shading
- ☐ Draw something upside down
- ☐ Blind contour drawing
- ☐ Draw using only dots
- ☐ Negative space drawing

**Notes:** \_\_\_\_\_

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## Memory & Imagination Prompts

- ☐ Your childhood home from memory
- ☐ A made-up creature
- ☐ Your dream vacation spot
- ☐ An imaginary landscape
- ☐ What you had for dinner last night
- ☐ Your ideal creative space
- ☐ A character from your favorite book
- ☐ Your future self
- ☐ An impossible object
- ☐ Whatever comes to mind right now

Notes: \_\_\_\_\_

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## BONUS: Challenge Mode Combinations

Ready to level up? Try these creative combinations:

- ☐ **Random Combo 1:** Pick one item from "Everyday Objects" + one from "Abstract & Emotional"
- ☐ **Random Combo 2:** Draw 3 things from "Food & Drink" in under 10 minutes
- ☐ **Random Combo 3:** Choose a "Nature" prompt but draw it in the style of a "Challenge" prompt
- ☐ **Random Combo 4:** Draw a "Memory" prompt using only colors from "Emotional" prompts
- ☐ **Random Combo 5:** Combine any two completely unrelated items from different categories

Combo Notes: \_\_\_\_\_

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## Progress Tracker

Week 1 Completed: \_\_\_\_\_ / 25 drawings

Week 2 Completed: \_\_\_\_\_ / 25 drawings

Week 3 Completed: \_\_\_\_\_ / 25 drawings

Week 4 Completed: \_\_\_\_\_ / 25 drawings

Total Completed: \_\_\_\_\_ / 100 drawings






Favorite Category: \_\_\_\_\_

Most Challenging Category: \_\_\_\_\_

Biggest Surprise: \_\_\_\_\_

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## Quick Tips for Success

-  **Time Yourself:** Start with 5-10 minutes per sketch
  -  **Go Phone-Free:** Put devices away while drawing
  -  **Use What You Have:** Don't wait for perfect supplies
  -  **Be Consistent:** Better to draw 5 minutes daily than 2 hours once a week
  -  **Embrace "Bad" Drawings:** They're stepping stones to better ones
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