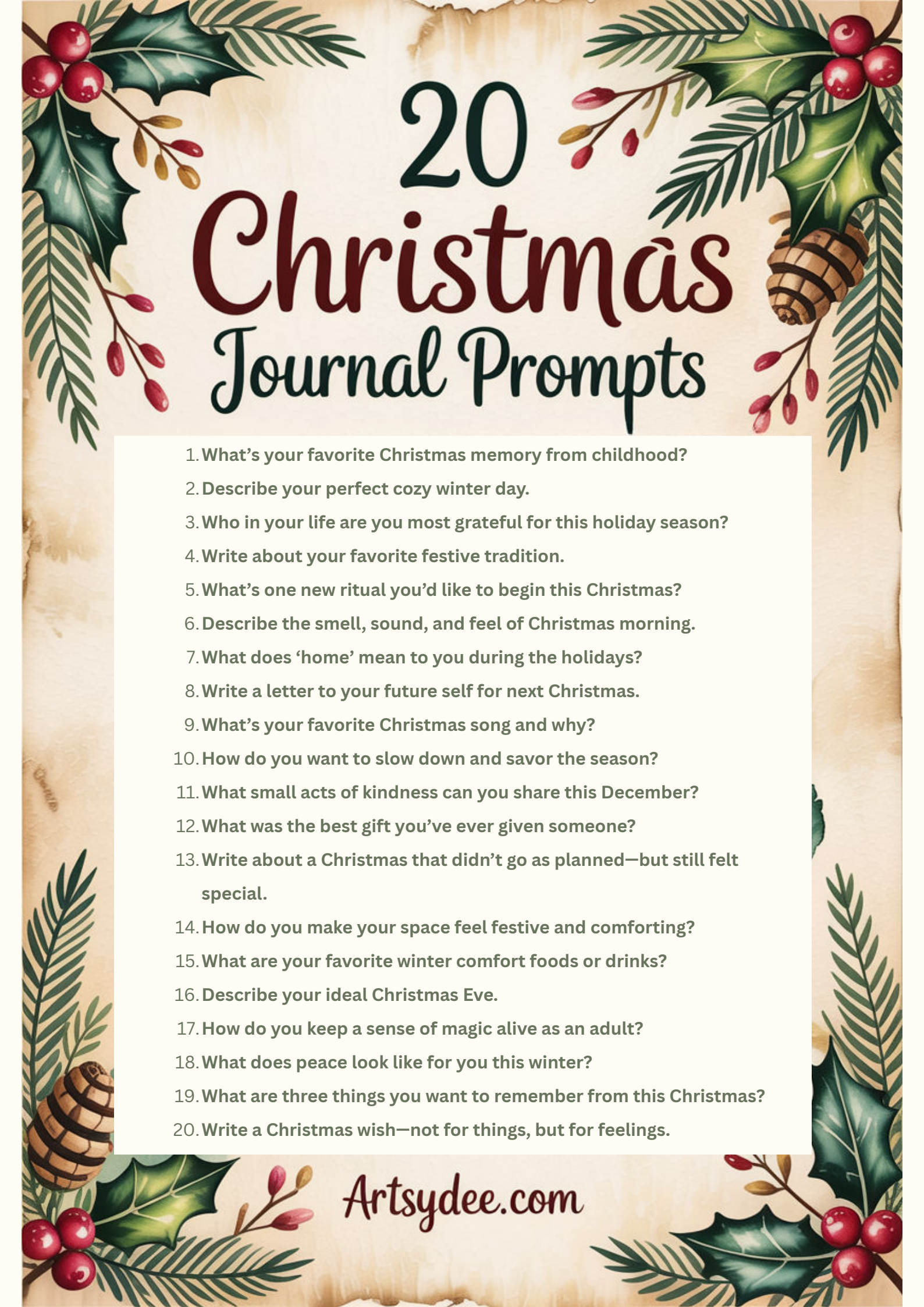




20 Christmas Journal Prompts

1. What's your favorite Christmas memory from childhood?
2. Describe your perfect cozy winter day.
3. Who in your life are you most grateful for this holiday season?
4. Write about your favorite festive tradition.
5. What's one new ritual you'd like to begin this Christmas?
6. Describe the smell, sound, and feel of Christmas morning.
7. What does 'home' mean to you during the holidays?
8. Write a letter to your future self for next Christmas.
9. What's your favorite Christmas song and why?
10. How do you want to slow down and savor the season?
11. What small acts of kindness can you share this December?
12. What was the best gift you've ever given someone?
13. Write about a Christmas that didn't go as planned—but still felt special.
14. How do you make your space feel festive and comforting?
15. What are your favorite winter comfort foods or drinks?
16. Describe your ideal Christmas Eve.
17. How do you keep a sense of magic alive as an adult?
18. What does peace look like for you this winter?
19. What are three things you want to remember from this Christmas?
20. Write a Christmas wish—not for things, but for feelings.

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