



# *Digital Vision Board Planning Workbook*

Plan, Create & Manifest  
Your Dreams

[artsydee.com](http://artsydee.com)



# How to Use This Workbook



## Define Your Vision

Reflect on your goals and dreams. Take time to journal and visualize where you want to be in the future. Consider all aspects of your life, including personal growth, career, relationships, and wellness.



## Gather Images

Collect photos and graphics that inspire you. Look through magazines, browse online platforms, and curate a digital folder of visuals that resonate with your vision and evoke positive emotions.



## Create Your Board

Arrange everything digitally using your favourite app. Use your chosen platform (like Canva, Pinterest, or a digital scrapbook app) to bring your vision to life, organizing your collected images into a cohesive and visually pleasing mood board or vision board.



## Review Monthly

Check in and update as you grow. Revisit your board regularly. As you achieve goals or your vision evolves, add new images and remove outdated ones to keep your inspiration fresh and relevant to your current path.





# Life Areas Assessment



Career

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Relationships

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Health

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Finances

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Spirituality

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Creativity

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Home

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Travel

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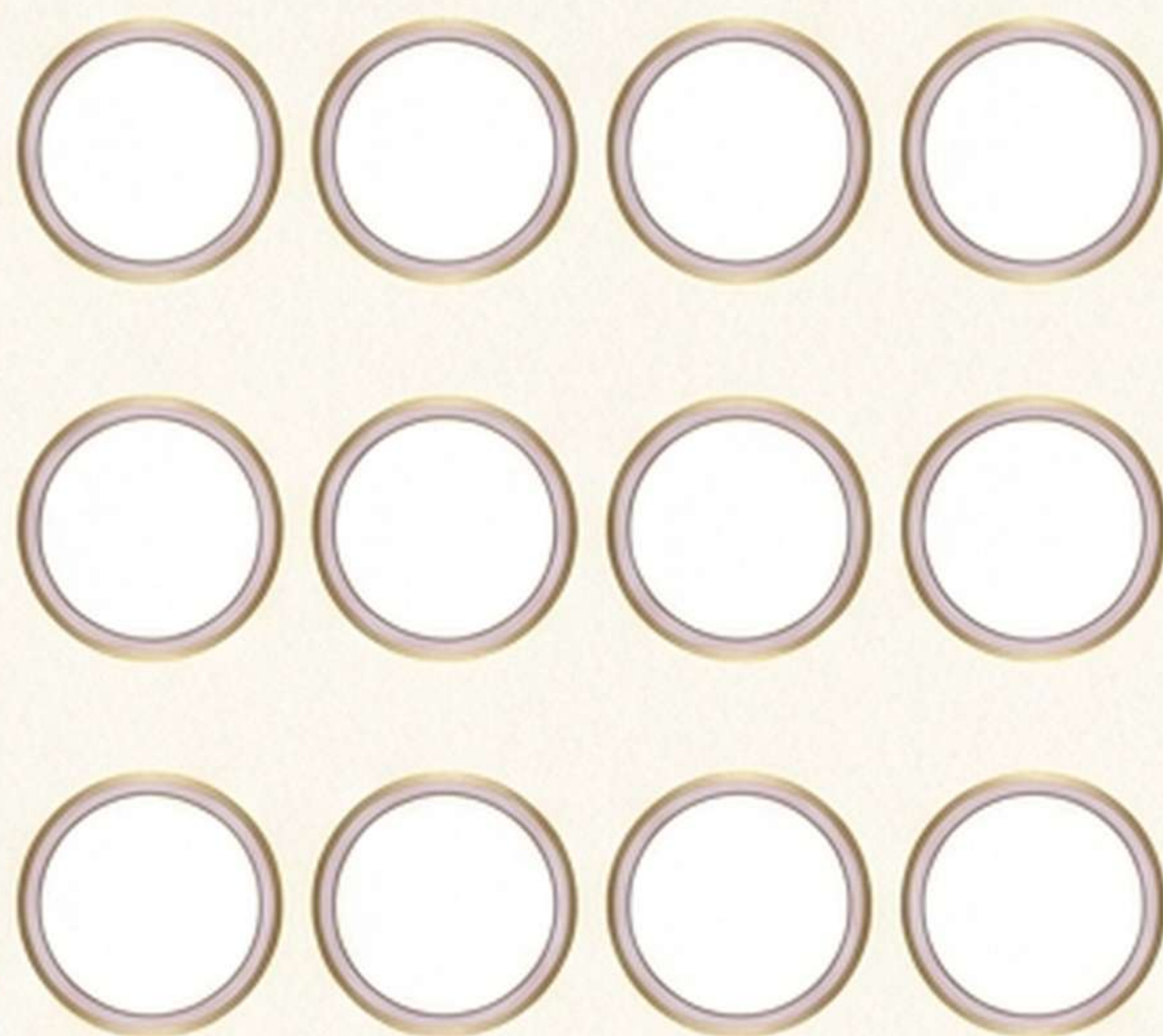


# Vision Board Brainstorm

Words that inspire me

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- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
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Colours I am drawn to



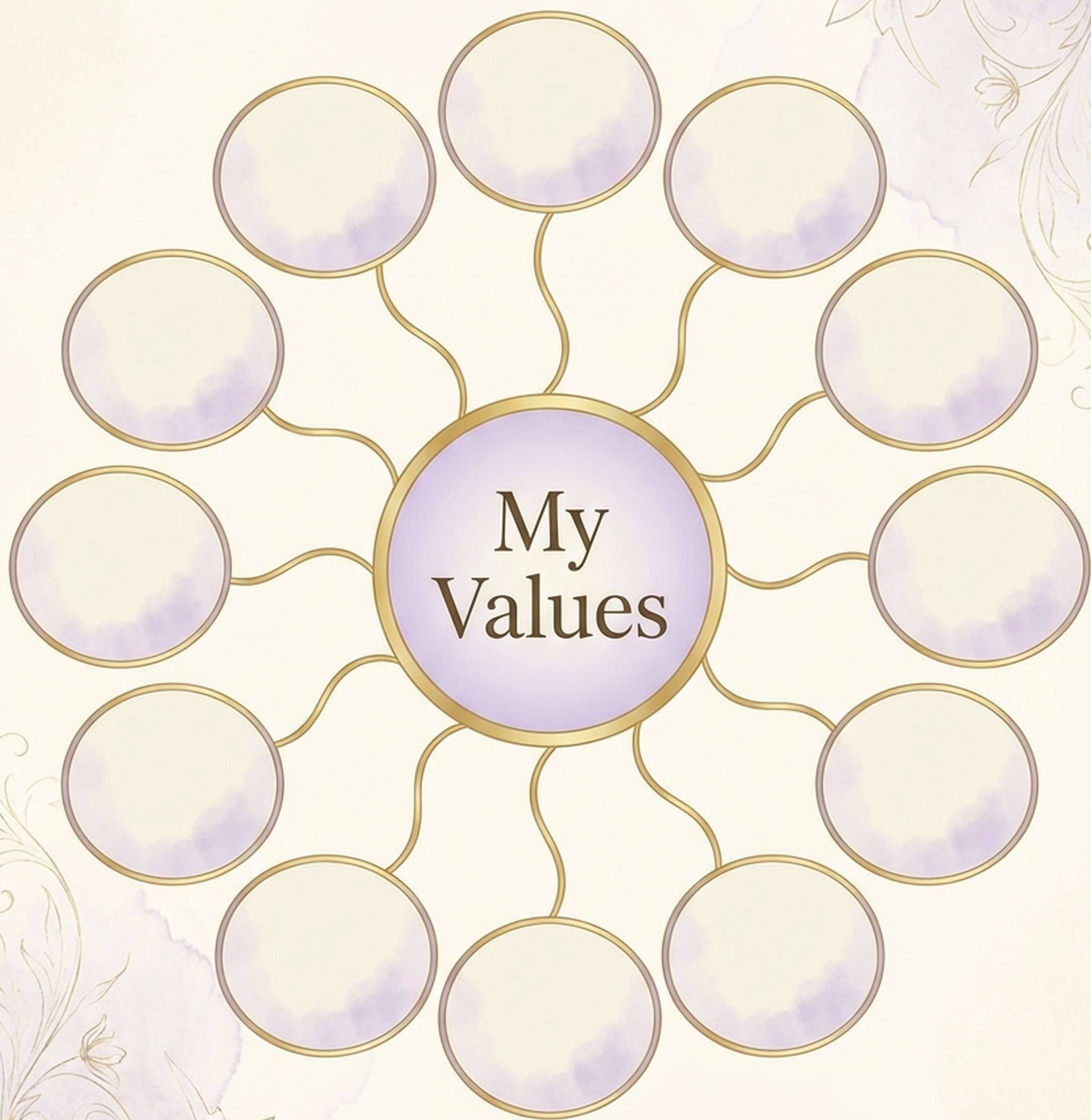
Images I want to find

Feelings I want to cultivate

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



# My Core Values





# 90-Day Goals

	Month 1	Month 2	Month 3
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	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____



# Affirmation Creation

*Write affirmations that  
feel true and exciting*



I am...

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I am...



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I am...

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I am...

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I am...



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# Monthly Check-In

*January*

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*February*

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*March*

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*April*

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*May*

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*June*

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*July*

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*August*

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*September*

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*October*

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*November*

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*December*

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# Recommended Apps and Tools

## Free Vision Board Apps

- Canva (Free & Pro versions, extensive library & templates)
- Pinterest (Visual discovery & organization, vast image search)
- Visuapp (Dedicated vision board creator, intuitive interface)
- Google Slides / PowerPoint (Flexible layouts, easy to customize & share)

## Image Sources

- Unsplash (High-resolution, royalty-free professional photos)
- Pexels (Free stock photos & videos, diverse collection)
- Pixabay (Vector graphics, illustrations, & images, free for use)
- Creative Market (Premium design assets, unique fonts & graphics - Paid options)

## Digital Design Tools

- Adobe Spark / Express (Quick graphic design & video creation)
- GIMP (Free open-source image editor, powerful features)
- Procreate (iPad app, powerful digital painting & illustration)
- Figma (Interface design & prototyping, collaborative features)



The background is a watercolor-style illustration with soft, flowing waves of purple and gold. The purple is a muted, dusty shade, while the gold is a warm, slightly darker tone. The colors blend together in a dreamy, ethereal pattern.

# Your Vision, Your Reality

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[youtube.com/@artsydee](https://youtube.com/@artsydee)