



New Year Vision Board Pages

NINE PAGES TO PRINT AT HOME

A word-of-the-year page, a six-area planning grid,
forty-eight cut-out word strips, a pocket board template
and a one-page plan for the year.

Print at 100% on A4. Turn Fit to Page off.



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My word for the year

write it here

Say it out loud in a sentence about a hard week. Does it still hold?

What would this word have you do on an ordinary Tuesday?

Which word did you nearly choose instead, and why not?

Where will you put it so it interrupts you?

What would it look like if you had lived it by December?

Six areas, six intentions

One line each. If an area is fine as it is, write that — keeping something is an intention too.

Work and making

Home

Health and energy

People

Money and admin

Just for me

Word strips to cut out

BEGIN

STEADY

ENOUGH

MAKE

SLOWER

BRAVE

ROOTED

OPEN

FINISH

REST

OUTSIDE

QUIET

LEARN

TEND

LIGHTER

NEARBY

Word strips to cut out

SHOW UP

SAY YES

SAY NO

LESS

MORE

AGAIN

HOME

REACH

PRACTISE

NOTICE

MEND

GATHER

SOFTEN

CARRY ON

BEGIN AGAIN

STAY

Word strips to cut out

PLAY

BUILD

WANDER

KEEP

SHARE

ASK

TRY

GROW

PAUSE

RETURN

CHOOSE

TRUST

MOVE

WRITE

PAINT

BREATHE

The pocket board

Cut round the solid line, fill it, and glue or tuck it into the front of this year's journal.



The one-page plan

Boards drift by March. Booking the year in quarters is what keeps one working.

January to March

the one thing that starts it

April to June

what should be underway by now

July to September

what to put down for a while

October to December

what you want finished

Review date

THANK YOU

Where the rest of my printable pages live

Thank you for printing these. A vision board only works if it is somewhere you actually look, so make it small enough to live in the front of a journal if that is what it takes.

If you like making paper things, the Artsydee Creations Club is where my printable kits live — a new junk journal kit every month, plus the journalling pages, tags, pockets and ephemera that go with it.

The Artsydee Creations Club

artsydee.com/artsydee-creation-club

Printing notes: print at 100% on A4 and turn Fit to Page off, or the cut lines will not line up. The word strips hold up better on 160gsm; the pocket board wants card if you are going to glue things to it.

