31 PROMPTS + 12 FREE PRACTICE SHEETS

January Drawing Challenge

One small, cosy drawing a day for all of January, with a study to copy and a box for your turn



31 DAYS · ONE SMALL DRAWING A DAY

January Drawing Challenge

Draw one thing a day. Ten minutes is plenty. Tick it off, and use the practice sheets when you want a little help.

- ☐ 1 a mitten
- ☐ 2 a mug of cocoa
- ☐ 3 a snowflake
- ☐ 4 a robin
- ☐ 5 a candle
- ☐ 6 a pine tree
- ☐ 7 a little house
- ☐ 8 a sitting cat
- ☐ 9 a kettle
- ☐ 10 the moon
- ☐ 11 your pencil
- ☐ 12 a snowy cottage
- ☐ 13 a bobble hat
- ☐ 14 a teapot
- ☐ 15 a snowman
- ☐ 16 a wren
- ☐ 17 a lantern
- ☐ 18 a sprig of holly
- ☐ 19 a front door
- ☐ 20 a hedgehog
- ☐ 21 a clock
- ☐ 22 a cloud
- ☐ 23 a paintbrush
- ☐ 24 an ice skate
- ☐ 25 a pair of boots
- ☐ 26 a slice of toast
- ☐ 27 an owl
- ☐ 28 a pile of books
- ☐ 29 a snowdrop
- ☐ 30 a bird feeder
- ☐ 31 your favourite from this month, again

artsydee.com



JANUARY DRAWING CHALLENGE · SHEET 1

Winter Accessories

mitten — your turn

scarf — your turn

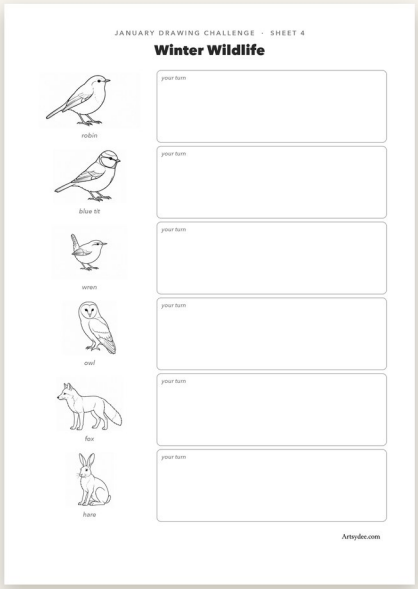
bobble hat — your turn

boots — your turn

gloves — your turn

earmuffs — your turn

Artsydee.com



JANUARY DRAWING CHALLENGE · SHEET 4

Winter Wildlife

robin — your turn

blue tit — your turn

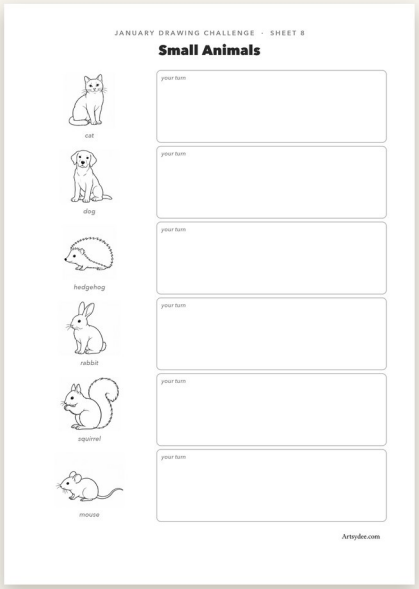
wren — your turn

owl — your turn

fox — your turn

hare — your turn

Artsydee.com



JANUARY DRAWING CHALLENGE · SHEET 8

Small Animals

cat — your turn

dog — your turn

hedgehog — your turn

rabbit — your turn

squirrel — your turn

mouse — your turn

Artsydee.com

Print at 100% on A4. Any pencil or pen will do.

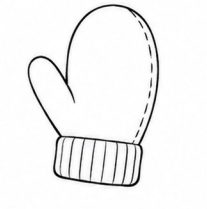
31 DAYS · ONE SMALL DRAWING A DAY

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- [ ] 13 a bobble hat
- [ ] 14 a teapot
- [ ] 15 a snowman
- [ ] 16 a wren
- [ ] 17 a lantern
- [ ] 18 a sprig of holly
- [ ] 19 a front door
- [ ] 20 a hedgehog
- [ ] 21 a clock
- [ ] 22 a cloud
- [ ] 23 a paintbrush
- [ ] 24 an ice skate
- [ ] 25 a pair of boots
- [ ] 26 a slice of toast
- [ ] 27 an owl
- [ ] 28 a pile of books
- [ ] 29 a snowdrop
- [ ] 30 a bird feeder
- [ ] 31 your favourite from this month, again

Winter Accessories



mitten

your turn



scarf

your turn



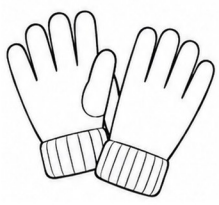
bobble hat

your turn



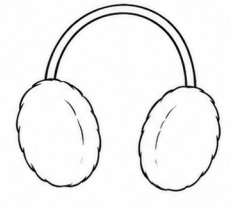
boots

your turn



gloves

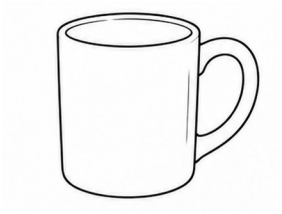
your turn



earmuffs

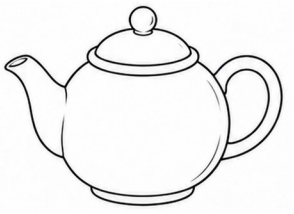
your turn

Warm Food and Drinks



mug

your turn



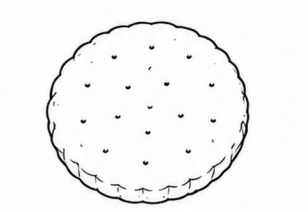
teapot

your turn



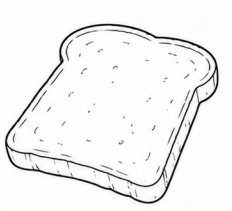
cocoa

your turn



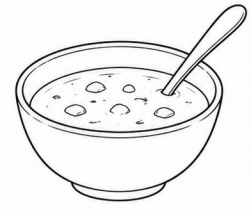
biscuit

your turn



toast

your turn



soup bowl

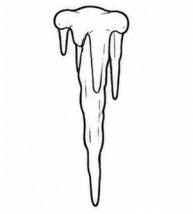
your turn

Snow and Stars



snowflake

your turn



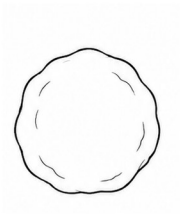
icicle

your turn



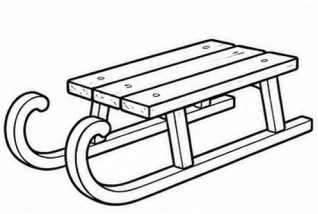
snowman

your turn



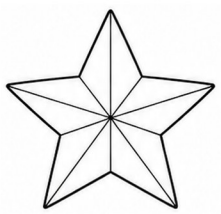
snowball

your turn



sledge

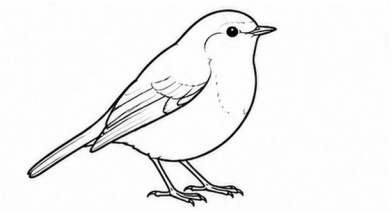
your turn



star

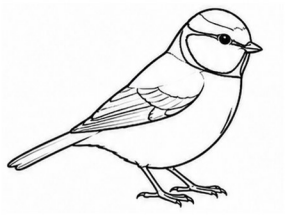
your turn

Winter Wildlife



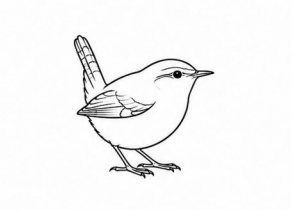
robin

your turn



blue tit

your turn



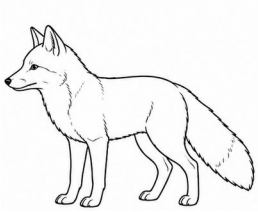
wren

your turn



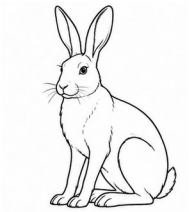
owl

your turn



fox

your turn



hare

your turn

A Cosy Evening



candle

your turn



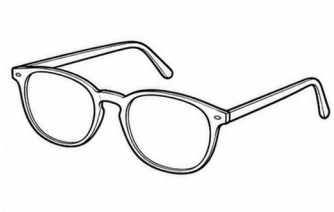
lantern

your turn



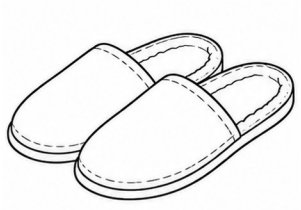
book

your turn



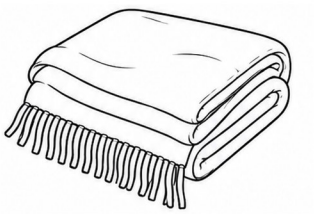
glasses

your turn



slippers

your turn



blanket

your turn

Winter Plants



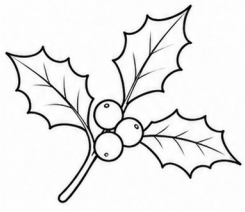
pine tree

your turn



bare tree

your turn



holly

your turn



pine cone

your turn



snowdrop

your turn



ivy

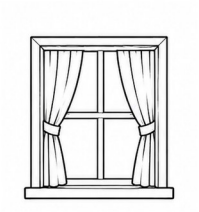
your turn

Home and Garden



house

your turn



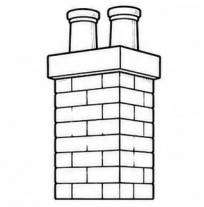
window

your turn



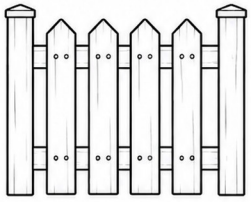
door

your turn



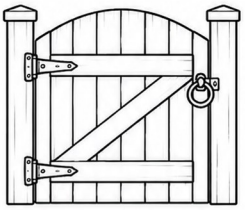
chimney

your turn



fence

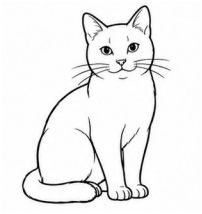
your turn



gate

your turn

Small Animals



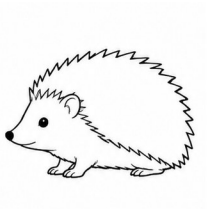
cat

your turn



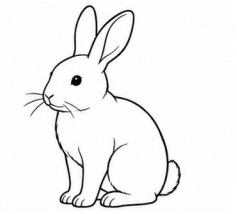
dog

your turn



hedgehog

your turn



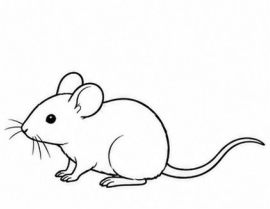
rabbit

your turn



squirrel

your turn



mouse

your turn

Everyday Things



kettle

your turn



jar

your turn



teacup

your turn



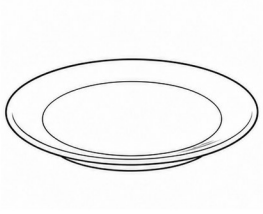
plant pot

your turn



clock

your turn



plate

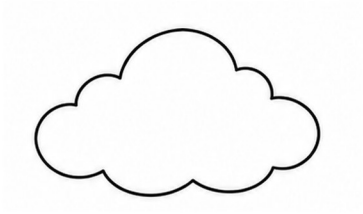
your turn

Weather and Sky



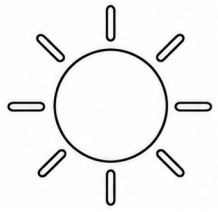
moon

your turn



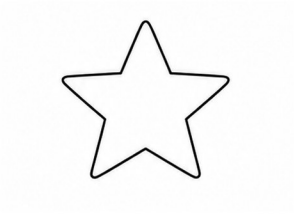
cloud

your turn



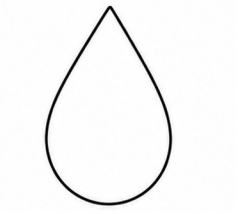
sun

your turn



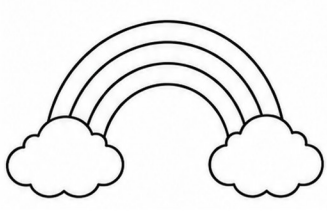
star

your turn



raindrop

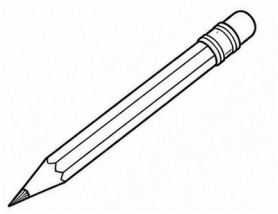
your turn



rainbow

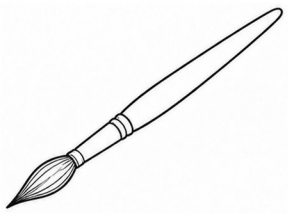
your turn

Art Materials



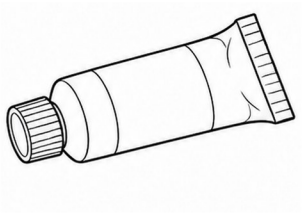
pencil

your turn



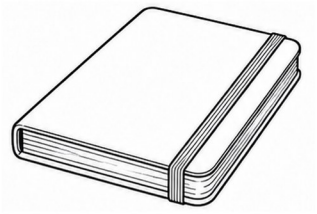
brush

your turn



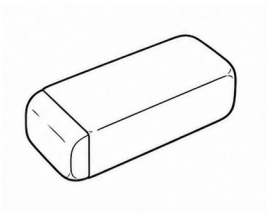
paint tube

your turn



sketchbook

your turn



eraser

your turn



jar of water

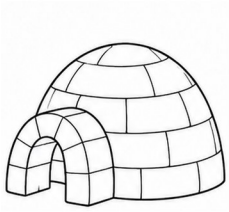
your turn

Winter Scenes



snowy cottage

your turn



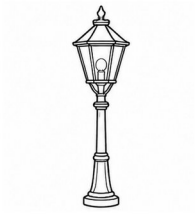
igloo

your turn



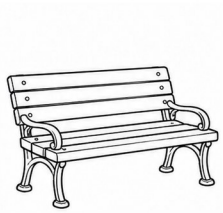
ice skate

your turn



lamp post

your turn



bench

your turn



bird feeder

your turn

HOW IT WORKS

Ten minutes a day

1. Pick up the day's prompt

Each day has one small thing to draw. If you miss a day, just carry on from today. Nobody's checking.

2. Look first, then draw

Find that subject on one of the practice sheets. Look at the shapes for a moment before you start.

3. Draw it in 'your turn'

Draw it in the empty box beside it. Big, small, wobbly, it all counts. Try it twice if you like.

4. Then draw the real thing

Once you've had a go, try your own mug, your own boots or the view from your window.

5. Tick it off

Tick the box on the prompt page. By the end of January you'll have 31 little drawings and a real habit.

Printing your pages

A quick guide to the questions people ask me most. Keep it by your printer!

1 No printer?

No problem. Put the files on a USB stick or email them to yourself, then print at a library or a print shop (for example Ryman in the UK or Staples in the US). Ask for "actual size" on matte paper.

2 A4 or US Letter?

My pages are A4. On US Letter paper, choose "Fit to page" (or "Scale to fit") in the print box, so nothing gets cut off.

3 Too big or cut off?

Check the paper size in the print box matches the paper in your tray (A4 or Letter). Then choose "Fit to page" and turn off "borderless" printing.

4 Which paper?

Journal pages: matte paper, 120–160gsm. Covers and envelopes: thin card, if your printer takes it. Glossy paper is not good for glue or paint.

5 Watercolour templates

Only feed watercolour paper through a printer with a rear or manual feed (check its heaviest paper). Or print on ordinary paper and trace the lines onto watercolour paper at a sunny window or on a lightbox.

6 Print one test page first

Check the size and the colours on one page before you print the whole set. It saves paper, ink and tears.

7 Saving ink

Use "draft" or "economy" mode for background papers you'll write over, and print only the pages you need by typing a page range in the print box.

8 Booklet or two-up pages

If your kit has a booklet version, print it double-sided with "flip on short edge", then fold the sheets in half and nest them together.

9 No need to print at all

You can open the PDF or the image files on an iPad in an app like Goodnotes or Procreate, and journal or paint straight onto the pages.

Still stuck? Email me at info@artsydee.com with a photo of what's happening, and I'll help.

Happy making, Dee x · *artsydee.com*

KEEP THE HABIT GOING

Mindful Doodling Journal

25 calming doodle worksheets for the days after January: patterns, simple shapes and little scenes to draw slowly, one page at a time.

Mindful Doodling Journal

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